

## Belford House Annual Report 2015

Report of December 2015

Required under Part 7 Section 23(1) (d) and in Section 23 (2)(a)

### **Review of Safety and Quality of care and support:**

Belford House is a purpose built 8 bed home located on the outskirts of Wexford Town. The Home caters for the individual needs of both men and women with various levels of support with an Intellectual disability.

2015 has been a very busy and sociable year for all the residents. Throughout the year the residents have been supported to access many services within their community. These include G.P, Barbers, Hairdressers, and Beauticians, dental services, opticians and Sota orthotic clinic. Residents continue to choose to receive their chiropody service in house, however on occasion some residents choose to have this done while attending their day service.

Three residents are currently being supported to attend Neurology appointments in various Hospitals in Dublin, while other residents are supported to attend psychology and psychiatry appointments as and when the need arises. At present our behaviour Specialist is supporting a number of residents and staff in developing, implementing and reviewing individualised positive behavioural support plans with the overall all goal of increasing independence, choice and in turn quality of life experience.

Socially all residents have attended and participated in many activities within their community during the year. Favourites such as family functions, the cinema, swimming, musicals, coffee shops and restaurants, pubs were regularly attended and enjoyed. A night out at the Greyhounds was also very popular with some of the residents while others enjoyed a trip to Dublin shopping. Two residents completed a computer course and received a certificate for same. Three residents continue to attend a community based Abled Disabled club every Monday night and participate in many fundraising and social events associated with the club. Some residents attend external respite services while two residents enjoyed a hotel break in Carlow supported by staff from Belford House.

All residents continue to enjoy various day services, both within and external to the Ard Aoibhinn services. A new time table of activities has been developed with the residents who attend Coill Aoibhinn day service. This places an emphasis on life skill learning within the community.

Residents continue to have weekly house meetings at which various issues are discussed. Residents also meet with their key workers every two weeks to discuss issues which may be important to them with regards to their Person centred plan. All Residents had their annual PCP review for 2015 . On-going reviews and updating of care plans and positive behavioural supports plan occurred throughout the year which an emphasis being placed on family involvement, choice, independence and life skills development.

## **Health and Safety:**

Fire Drills are carried out on a monthly basis ensuring that all staff and residents are involved in same. All fire safety equipment serviced as and when required. Repairs carried out on fire doors due to damaged caused to magnetic fire door system.

- Cleaning schedules and fire checks carried out as per schedule.
- Residents individual risk assessment reviewed as required.
- Risk assessments pertaining to Health and safety concerns reviewed as required.
- Roof of Gazebo in back garden dismantled due to health and safety concerns. Repair works to commence in early 2016.
- Manual handling equipment, beds and wheelchairs and bath all serviced as required.
- Maintenance issues arising in Belford continue to be reported with good effect to the HSE maintenance department.
- One resident had flooring replaced in bedroom due to wear and tear.

## **Student Placements:**

During the year Belford House has been able to offer placements to many Nursing and Social Care Students. In June an day Educational audit was carried out in Belford with Link Lecturers and clinical placement coordinators from Waterford Institute of Technology conducting same.

## **HIQA Inspection:**

In October 2015 a two day announced Registration HIQA inspection took place in Belford House. The inspector met with some of the residents and their families. This was a very successful inspection with Belford being compliant with all 18 outcomes assessed.

## **Staff**

- CNM1 post became vacant in early 2015 unexpectedly, this post was successfully filled by new CNM1 in early September
- Two Community Employment worker posts filled during 2015.
- Staff have completed many courses during the year including Medication Management training, fire safety training, Safeguarding Vulnerable Adults, Non Violent Crisis Intervention Training.
- Regular staff meetings continue to occur and are minuted. These meetings are also used as an opportunity for staff training with short 1 hour sessions being facilitated by our Behavioural Specialist on a wide range of topics.

## **Conclusion:**

Belford House is a long term high support community home. Families are welcomed, encouraged and supported to play an active role in the lives of all our residents. As a staff Team we continue to strive to provide a holistic approach to the delivery of care, designed to meet the current and ever changing needs of each individual resident. Residents are supported through their Person Centred Plans and Positive Behavioural Support Plans to make choices for themselves which in turn have the effect of creating positive life experiences and increasing overall quality of life. In keeping with our Mission statement and founded over many years of working with and supporting our Residents, Belford House has become a home from home for all.