

## **Belford House Annual Report 2016**

Report of December 2015

Required under Part 7 Section 23(1) (d) and in Section 23 (2)(a)

### **Review of Safety and Quality of care and support:**

Belford House is a purpose built 8 bed home located on the outskirts of Wexford Town. The Home caters for the individual needs of both men and women with various levels of support with an Intellectual disability.

2016 has been a very busy and sociable year for all the residents. Throughout the year the residents have been supported to access many services within their community. These include G.P, Barbers, Hairdressers, and Beauticians, dental services, dietician, opticians and Sota orthotic clinic. Residents continue to choose to receive their chiropody service in house, however on occasion some residents choose to have this done while attending their day service. Residents have met with their pharmacist to discuss their medication requirements. 2 residents choose to avail of this consultation in the pharmacy while the remaining 6 residents were facilitated in Belford.

3 residents are currently being supported to attend Neurology appointments both in Dublin and Waterford. While other residents are supported to attend psychiatry and other appointments as and when the need arises. In recent years some residents have been attending a private psychiatrist due to the lack of available service through the HSE, however since the beginning of 2016, 3 residents have been availing of a new specialised psychiatry service setup in Wexford. Residents are reviewed regularly and staff have contact with psychiatrist and as when required. This has proven to be of great benefit to both residents and staff.

At present our behaviour Specialist is supporting 3 residents and staff in developing, implementing and reviewing individualised positive behavioural support plans with the overall goal of increasing independence, choice thus enhancing the quality of life experience.

Socially all residents have attended and participated in many activities within their community during the year. Favourites such as family functions, the cinema, swimming, musicals, coffee shops and restaurants, pubs were regularly attended and enjoyed. During the summer a busy schedule of activities were planned in keeping with the resident's choices /wishes. This year this included day trip to Dublin Zoo, Sealife in Bray, shopping to Dundrum and a train journey. Two residents continue to attend a community based Abled Disabled club every Monday night and participate in many fundraising and social events associated with the club. One resident attends external respite services.

During the summer a resident was bridesmaid for their sister's wedding. Staff from Belford provided extra support to the family over the course of a weekend, thus ensuring that the resident was part of this important family occasion. In October staff supported the family of another resident to plan their daughters 40th birthday. This was a great family occasion both for the resident, their family and for all the residents and staff in Belford.

All residents continue to enjoy various day services, both within and external to Ard Aoibhinn services. 4 residents attend Coill Aoibhinn day service. Currently residents are being prepared for a change in location of day service. It is hope that in the New Year Coill Aoibhinn day service will transfer to a location with better access to main stream activities. One resident was supported with a transition from an external day service to an internal elderly service.

Residents continue to have weekly house meetings at which various issues are discussed. Residents also meet with their key workers every two weeks to discuss issues which may be important to them with regards to their Person centred plan. All Residents had their annual PCP for 2016. On-going reviews and updating of care plans and positive behavioural supports plan occurred throughout the year with an emphasis being placed on family involvement, choice and independence and skill learning.

### **Health and Safety:**

Ard Aoibhinn Organisational Health and safety Policy is Located in Belford. The Ancillary Safety Statement for Belford can be found in the Health and Safety folder in Belford. This was reviewed in July 2016 by Dermot Wallace CNM1 and Geraldine Roche CNM3 and is reviewed annually. A review of the Hazard identification and risk assessment safety work sheet for Belford House also took place in July 2016

Fire Drills are carried out on a monthly basis ensuring that all staff and residents are involved in same. All fire safety equipment serviced as and when required.

- Cleaning schedules and fire checks carried out as per schedule.
- Residents individual risk assessment reviewed as required.
- Risk assessments pertaining to Health and safety concerns reviewed as required.
- Roof of Gazebo in back garden dismantled due to health and safety concerns. Repair works were completed in early 2016
- Manual handling equipment, beds and wheelchairs all serviced as required.
- Maintenance issues arising in Belford continue to be reported with good effect to the HSE maintenance department.
- Shower room re decorated in consultation with residents. New non slip flooring now in place due to health and safety concerns.

### **Student Placements:**

During the year Belford House has been able to offer placements to many Nursing Students. These placements have proven to be successful for both students and the service alike. Our residents really enjoy welcoming the students to their home and all were particularly happy to see one of our 4<sup>th</sup> year students join the staff team in Belford this year.

### **Staff Items**

- 2 Community Employment worker posts filled during 2016.
- CNM1 completed Designated Officer training.
- Regular staff meetings continue to occur and are minuted. These meetings are also used as an opportunity for staff training with short 1 hour sessions being facilitated by our Behavioural Specialist on a wide range of topics.
- Ongoing Staff supervision sessions with CNM1

## Staff Structure

### Board of Management

#### Manager of Services

Gerard Heaney

#### CNM3 (PIC)

Geraldine Roche

#### CNM1 Belford House

Dermot Wallace

#### Staff Nurses

AnnMarie O Neill  
Carmel McGrath  
Deirdre Boggan  
Oonagh Cussen  
Conor White

#### Care Staff

Tracey Byrne  
Margaret Tobin  
Doreen Doherty  
Leona Irwin  
Jean Delaney

### Relief Staff and Community employment workers

#### Future Goals for 2017:

- To continue to support each resident to live meaningful fulfilled live within their chosen community.
- To help support each resident to strive for and achieve their own goals as identified in their own person centre plan.
- To help and support residents and their families/friends to maintain meaningful relationships
- To ensure all residents continue to play an active role in planning of their own day to day lives.
- Change of keyworkers for residents in consultation with residents.
- Staff training and updates in all areas required.
- To ensure all residents files and documentation are kept up to date and regularly audited.

#### Conclusion:

Belford House is a long term high support community home. Families are welcomed, encouraged and supported to play an active role in the lives of all our residents. 2016 was a very busy year for all in Belford House. As a provider we continue to strive to provide a holistic approach to the delivery of care, designed to meet the current and ever changing needs of each individual resident.

In partnership with the residents, staff continuously seek out new and exciting opportunities and experiences for our residents. Taking a positive approach to risk assessing, staff have supported residents to become more active and involved in their own communities. Residents are supported

through their Person Centred Plans and Positive Behavioural Support Plans to make choices for themselves which in turn have the effect of creating positive life experiences and increasing overall quality of life. In keeping with our Mission statement and founded over many years of working with and supporting our Residents, Belford House is and continues to be become a home from home for all.