

## **Belford House Annual Report**

Report of November 2014

Required under Part 7 Section 23 (1)(d) and section 23 (2) (a)

### **Review of Quality safety of care and support**

Belford House is a purpose built 8 bed home located on the outskirts of Wexford Town. The home caters for men and women with various levels of support with an Intellectual disability.

The residents have been very busy over the past year; some residents have completed courses in social inclusion and have had formal graduation ceremonies for the students that completed same.

Residents are supported to access services in the community, some of these include, Beauticians, Barbers, Hairdressers, G.P., O.T., Speech and language therapy, dietician, physio, dental services and advocacy service.

At the moment residents are choosing to use chiropody service where chiropodist comes to the house.

Socially the residents have attended activities such as, cinema, bowling, swimming pools, coffee shops, restaurants, horse racing, using public bus services. Three of the residents are members of a local social club, the Able disabled club, which they very much enjoy participating in. One resident is on a committee and attends monthly meetings, supported in doing so by an able member of the club that the resident has become friends with over the years. Some residents have attended respite service where they would go either for a few days or for a week to a respite house outside of Ard Aoibhinn.

Saorview was installed in all residents' bedrooms that have T.V.'S

1 resident is trying out a new service for people who may like to think about retiring, this is suiting the individual in question and this resident is thinking about the possibly attending more days in the future but has not fully decided if this is what they want

### **Health and safety**

A deep sleep fire drill and monthly fire drills, creating different scenarios to try and get all involved exiting appropriate exits has been completed.

All residents have individualised updated fire evacuation plans. Magnetic systems for closing are now on fire doors, bathroom locks have been put on doors.

In October for Health and Safety week a competition for all who work and live in Belford was held, this years theme was Stress in Workplace. A resident won this and a fabulous prize from a local pharmacy was award to the winner.

Cleaning schedules and daily fire checks are happening as per schedule.

Weekly financial audits are conducted by members of the staff team and also there are unannounced audits by senior service managers. Each resident has their own individual financial passports showing where their money comes from and where it goes, showing what the resident likes purchasing out of their own money.

Residents have a weekly meeting , presently staff chair this, 1 resident is now typing up the minutes from this, items discussed include, menu for the following week,(following the meeting staff and residents help with putting words and pictures on the menu board showing what will be available), any changes in the house, upcoming events, easy read version of the standards as well as education on rights issues.

Following on from this residents have requested different things such as locks for bedroom doors, right to access their notes which they have been or are being supported to do so.

Residents assist with preparing a grocery list , doing the grocery shopping and putting it away once it is back in the house.

A visual calendar located in their own room showing events that are happening for them in the coming days or weeks. Communication passports are also in use in Belford for some Residents.

Family support is also encouraged and supported where possible, currently all residents go home some part of the year for over night leave, and many go home frequently. Some have or are planning for family birthdays, weddings, birth of nieces or nephews. Some residents use their mobile or house phone or e mails to contact friends and families.

In April 2014 we had a HIQA inspection and residents were happy to have met with some of the inspectors.

1 resident got a new motorised chair which has helped this resident accessing much more in the community. 1 resident also was supported in purchasing her own iPad. 2 safes have been installed in resident's bedroom and one for the unit itself. 2 residents with mobility restriction have electrical chimes that they ring when the need assistance.

2 weekly meetings are happening between residents and their key workers, 7 out of 8 P.C.P. meetings have been completed, the other will be happening in early December. On-going assessment and updating of support plans, behavioural management plans are happening to provide optimal levels of care and support as well as ongoing reviews of risk assessments.

A Complaints policy is in place, complaints would be documented, investigated, and outcome discussed and documented.

Re staff issues:

An Bord Altranais had an inspection in Jan 2014.

We have had some excellent students come to learn from our organisation and Belford House. Staff have completed many training courses, some include Midazolam training

for non nursing staff, and this is helping to open more opportunities to service users going out with different staff or a staff of their choosing.

#### General

- Ongoing servicing of equipment is organised.
- Ancillary Statement for Belford was updated.
- Medication policy updated, aiming to eliminate drug error or near misses.
- New plug in lights purchased for corridors to eliminate leads and flexes which could contribute to falls and accidents.
- Regular staff meetings continue to occur and are minuted

#### **Conclusion**

Belford House is a long term high support community home. Over the years the staff and residents have bonded very closely to form a close knit family group. Over the years the staff have worked very hard to ensure the aspect of 'home' is paramount. It is my view that the residents are cared for in a safe and appropriate manner. Residents are given informed choice on activities and aspects of daily living.

Gerard Heaney  
Manager of Services