

Belford House Annual Report 2017

Report of December 2015

Required under Part 7 Section 23(1) (d) and in Section 23 (2)(a)

Review of Safety and Quality of care and support:

Belford House is a purpose built 8 bed home located on the outskirts of Wexford Town. The Home caters for the individual needs of both men and women with various levels of support with an Intellectual disability.

Similar to previous years 2017 was a very sociable and busy year for all our residents. Throughout the year all our residents were supported to access services within their community. Staff and residents have taken a positive and proactive approach to availing of services within their local community. These included G.P, Barbers, Hairdressers, and Beauticians, dental services, physiotherapy, dietician, opticians and Sota orthotic clinic.

At present 3 residents are currently being supported to attend Neurology appointments both in Dublin and Waterford. While other residents are supported to attend other multi-disciplinary appointments as and when the need arises. 1 resident at present is being supported to attend nephrology appointments in Dublin. 2017 has proven to be a very busy year in Belford with regards to maintaining a safe and quality service which meets to changing needs of all our residents. For some residents there has been a very clear and obvious change in their needs and supports required. This has been reflected in the residents care plans, person centred plans, Individualised behavioural support plans and risk assessments and in turn as made it necessary to adjust staffing levels at key times during the day.

In house reviews by Occupational Therapist, Physiotherapist, Psychiatrist and behavioural Specialist have proven invaluable to both staff and residents in ensuring that additional supports are in place to meet these changing needs. At present our behaviour Specialist is supporting 4 residents and staff in developing, implementing and reviewing individualised positive behavioural support plans with the overall all goal of increasing independence, choice and in turn quality of life experience.

Socially all residents have attended and participated in many activities within their community during the year. Favourites such as family functions, the cinema, swimming, musicals, coffee shops and restaurants, pubs were regularly attended and enjoyed. During the summer a busy schedule of activities were planned in keeping with the resident's choices /wishes. This year this included day trip shopping to Dundrum, a train journey and a night out to the greyhounds. Two residents continue to attend a community based Abled Disabled club every Monday night and participate in many fundraising and social events associated with the club. One resident was supported to apply for a week long holiday in Lourdes, which they enjoyed in June.

During the summer a resident was supported by 2 staff to attend their sister's wedding thus ensuring that the resident was part of this important family occasion. In addition to this during 2017 we celebrated the 40th birthdays of 2 residents. These were great family occasions both for the resident, their families and for all the residents and staff in Belford.

During the year 2 residents were supported to avail of the services of an independent advocate to discussed and explore various personal issues which arose during their fortnightly PCP meetings.

All residents continue to enjoy various day services, both within and external to the Ard Aoibhinn services. Early in 2017 the day service of 4 residents moved from Coill Aoibhinn to Wind Rock and increased from 4-5 days per week.

Residents continue to have weekly house meetings at which various issues are discussed. Residents also meet with their key workers every two weeks to discuss issues which may be important to them with regards to their Person centred plan. All Residents had their annual PCP for 2017. On-going reviews and updating of care plans and positive behavioural supports plan occurred throughout the year which an emphasis being placed on family involvement, choice and independence and skill learning.

Health and Safety:

Ard Aoibhinn Organisational Health and safety Policy in Located in Belford. The Ancillary Safety Statement for Belford can be found in the Health and Safety folder in Belford. This was reviewed in August 2017 by Dermot Wallace and is reviewed yearly. A review of the Hazard identification and risk assessment safety work sheet for Belford House also took place in July 2017

Fire Drills are carried out on a monthly basis ensuring that all staff and residents are involved in same. All fire safety equipment serviced as and when required. On occasions when fire equipment was operated other than for the purpose of fire practice, drill or test of equipment, HIQA were notified for same via the Quarterly Statutory Notification process.

- Cleaning schedules and fire checks carried out as per schedule.
- Residents individual risk assessment reviewed as required.
- Manual handling equipment, beds and wheelchairs all serviced as required.
- Maintenance issues arising in Belford continue to be reported with good effect to the HSE maintenance department.
- Staff completed Fire Training
- 2 x low entry beds acquired from HSE due to changing needs of 2 residents
- New hoists x 2 acquired from HSE due to changing needs of 2 residents

Student Placements:

During the year Belford House has been able to offer placements to many Nursing Students. These placements have proven to be successful for both students and the service alike. Our residents really enjoy welcoming the students to their home. The service continue to liaise closely with Clinical Placement Coordinators and Waterford Institute of Technology to ensure the delivery of the best possible learning experience in Belford for all students.

Staff Issues:

- 1 community Employment worker post filled during 2017
- All staff completed Safeguarding vulnerable Adults Training
- Regular staff meeting continue to take place and are minuted.
- 1 staff member completed their Diploma in Autism studies.
- CNM1 and Belford Staff continue to engage in Clinical supervision.

HIQA Inspection:

In July 2017 a two day unannounced HIQA inspection took place in Belford House. The inspector met with some of the residents. This was a very successful inspection with recommendations as outlined by inspector implemented within agreed time frame.

Staff Structure:**Board of Management****Manager of Services**

Gerry Heaney

CNM3 (PIC)

Geraldine Roche

CNM1 Belford House

Dermot Wallace

Staff Nurses

AnnMarie O Neill

Carmel McGrath

Deirdre Boggan

Oonagh Cussen

Conor White

Care Staff

Tracey Byrne

Mags Tobin

Doreen Doherty

Leona Irwin

Jean Delaney

Relief Staff and Community employment workers**Conclusion:**

Belford House is a long term high support community home. Families are welcomed, encouraged and supported to play an active role in the lives of all our residents. As a staff Team we continue to strive to provide a holistic approach to the delivery of care, designed to meet the current and ever changing needs of each individual resident. Residents are supported through their Person Centred Plans and Positive Behavioural Support Plans to make choices for themselves which in turn have the effect of creating positive life experiences and increasing overall quality of life. In keeping with our Mission statement and founded over many years of working with and supporting our Residents, Belford House has become a home from home for all.

We look forward to a busy and productive year. Proposed reconfiguration of day services will have a very positive impact on our residents. October 2018 will see the HIQA Reregistration process begin again in Belford. A process which will hopefully reflect the high standards of Safety, Quality of care and support which are delivered to each of our resident's year on year.

Gerard Heaney

Manager of Services



